

The Trail Guide for the Path to Happiness

Hands-On Approach



Dale Light
Wow Pow Now



Tara Hoffman
The Middle Path



Shiang Chen Williams
Finding Happiness

Where: Mustang Library – Book Discussion Room
90th & Shea, Scottsdale

When: April 25, 2009

10:30 am-12:30 pm: Session I – How to live in the now,
walk the middle path, and find your happiness.

1:30 pm - 3:30 pm: Session II – The Art of Letting Go

RSVP: 480-214-0104 – leave message

Suggested Donation: \$20 per session, both for \$30, or \$10 repeat

“Amazing and Uplifting....a truly unforgettable experience”
- Katy Reese